

# SPORTING

RELAX

RELOAD

RESTART



DV

**TAKE YOUR  
WELLNESS TIME**



## WELLNESS CENTRE

A place of regeneration,  
silence and relaxation,  
where you can discover  
how beautiful it is  
to take care of yourself.

### WELLNESS AREA ACCESS INCLUDES:

- *Finnish sauna*
- *Steam bath*
- *Experience shower*
- *Relaxation area*
- *Herbal tea room*
- *Bathrobe, towel and slippers*

**Reservations are required  
for all services.**

**Massages and treatments require  
24h notice.**

In partnership with



WELLNESS IN HOTEL

Conditions and terms of cancellation  
can be found on the last page.

# PRIVATE SPA

## Exclusive relaxing interlude

A place where wellness becomes exclusive. Inside, there is a sauna, a steam bath with an emotional shower and a cosy relaxation area where you can stretch out and sip a refreshing herbal tea or infusion.

### ONLY PRIVATE SPA - €90

1 hour 30 minutes

*Wellness programme for couples in a private spa with relaxing herbal teas.*

### PRIVATE EXPERIENCE - € 180

1 hour 30 minutes

*Wellness path for couples in Private spa with relaxing herbal teas.*

*30-minute relaxing back and neck massage (for 2 persons).*

*Simple aperitif with snacks and a glass of bubbles.*

### PRIVATE EXPERIENCE GOLD - € 245

2 hours

*Wellness path for couples in Private spa with relaxing herbal teas.*

*30-minute relaxing back and neck massage (for 2 persons).*

*Aperitif with tapas and a bottle of bubbles.*

### PERLA VERDE - € 270

2 hours 30 minutes

*Wellness path for couples in Private spa with relaxing herbal teas.*

*60-minute bio-emotional massage (for 2 persons).*

*Aperitif with tapas and Spritz of your choice.*





## HOLISTIC MESSAGES

### ANTI-STRESS MESSAGE - € 75

50 minutes

### SWEDISH MESSAGE - € 90

60 minutes

### AYURVEDIC MESSAGE - € 80

50 minutes

### LYMPHATIC DRAINAGE MESSAGE - € 80

60 minutes

### HOT STONE MESSAGE - € 90

60 minutes

### SHAPING MESSAGE - € 70

40 minutes

### SPORTS MESSAGE - € 55

30 minutes

### CANDLE MESSAGE - € 80

60 minutes

### CONNECTIVE TISSUE MESSAGE - € 80

50 minutes

### CRANIAL MESSAGE - € 55

30 minutes

### MATERNITY MESSAGE - € 60

40 minutes

### FOOT MESSAGE - € 55

40 minutes

### BIO-EMOTIONAL MESSAGE FOR 2 PEOPLE\* - € 150

60 minutes

\*message not in pairs but carried out  
consecutively



## WELLNESS PACKAGES

### REMISE EN FORME PACKAGE

€ 245

180 minutes

*Programme of 3 customised treatments:*

- *PHASE DETOX saline peeling with modelling massage.*
- *PHASE ACTIV anti-cellulite draining macrocystis algae wrap.*
- *RELAX PHASE deep relaxation massage with vitamin oil.*

### SUNKISSED PACKAGE:

**SUNSHINE ALL YEAR ROUND - € 165**

120 minutes

*Cleansing, peeling, butter and honey massage.*



## WELLNESS RITUALS

### SCRUB BASE - € 55

40 minutes

*Exfoliant*

### SPA SENSES - € 130

70 minutes

*Soft-medium-strong choice of scrub.*

*Thermal salts, sesame and avocado butter, apricot and orange stones, charcoal (massage included).*

### EFFERVESCENT GREEN TEA PACK

€ 99

60 minutes

*Warm effervescent embrace to eliminate excess fluid from the body, remineralising.*

### SAPPHIRE PACK - € 80

60 minutes

*Super-moisturised skin with a silky effect and instant optical shine!*

### GLACIER WATER PACK - € 70

60 minutes

*Specific treatment for blood circulation, resulting in light and slim legs.*

### HEMATITE HEAVENLY MUD - € 75

60 minutes

*Energising, firming body effect.*





## WELLNESS RITUALS

### BODY SCULPT SKEYNDOR - € 75

60 minutes

*Intensive firming treatment, aimed at improving tissue tone. The power of an excellent cold bandage followed by a moisturising, modelling massage.*

### SLEEP RITUAL - € 55

45 minutes

*Ideal for manual sleep problems with brushes and essential oils.*



## FACIAL TREATMENTS

For all skins and all ages

### DEEP FACIAL CLEANSING - € 60

60 minutes

*Cleansing, tonic lotion, peeling, steam, comedine mask and massage.*

### PURIFYING DETOX TREATMENT - € 60

60 minutes

*Cleansing, toning, scrub, detox mask. massage with purifying cream.*

### SKEYNDOR POWER C+ TREATMENT

€ 80

70 minutes

*A highly concentrated antioxidant formula with vitamin C that regenerates and brightens up the face, neck, décolleté and hands.*

### SKEYNDOR POWER HYALURONIC TREATMENT - € 80

60 minutes

*100% hydrodynamic treatment for maximum hydration.*

### TIME AGE TREATMENT - € 80

60 minutes

*Cleansing, toning, peeling, ampoule and anti-ageing mask firming message.*

### TONE UP TREATMENT - € 70

60 minuti

*Cleansing, toning, kirei kobido massage with lift ampoule and collagen mask.*





## FACIAL TREATMENTS

For all skins and all ages

### QUICK FACE TREATMENT - € 50

40 minutes

*Cleansing, toning, peeling, wellness facial massage.*

### SPECIFIC SKEYNDOR EYE TREATMENT- € 38

30 minutes

*Specific care for the eye contour and strengthening of the eyelashes with a lifting effect on the eyelids, smoothes wrinkles around the eyes and reduces puffiness.*

# SPORTING

RELAX RELOAD RESTART

## CONDITIONS AND TERMS OF CANCELLATION

In order to guarantee the availability of the desired treatments please book them in advance.

Reception is at your disposal by dialling 9 from your accommodation.

**For cancellation of a reservation please  
notify us within the previous 8 hours.**

**Otherwise the full amount may be charged.**

## MORE INFORMATION

**FOOD/DRINKS:** it is forbidden to enter the spa area with food and drinks, unless authorised by the hotel.

### LOST PROPERTY AND DAMAGE:

Hotel Sporting is not liable for lost or damaged personal items or valuables, which is why we advise you not to leave them unattended. If lost items are found, they will be immediately handed at the main reception desk.



**HOTEL SPORTING**

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